### PRE-RELEASE EDITION

# WAYSERS

A VITAL BREAKTHROUGH FOR FREE-SPIRITS, VISIONARIES, MISFITS, REBELS & PIONEERS

# Garret John Loporto

HOW YOUR RARE IRREPRESSIBLE MIND IS THE SOURCE OF YOUR GREATEST STRENGTHS & WEAKNESSES, GIVING YOU THE MIRACULOUS ABILITY TO TRANSFORM THE WORLD

ADVANCE UNCORRECTED PROOF

# What if everything you believed about yourself was wrong?

## "I love it!"

"Awesome book! Helpful for anyone who's creative and innovative and wants to do more. *I love it!* LoPorto really gets it. Full of practical advice." ~ Dr. Edward Hallowell, M.D., author of Driven to Distraction

# ARE YOU A WAYSEER?

# Are you: Impulsive? Risk-taking? Distractible? Sensation-seeking? Insightful or Intuitive?

#### Do you:

Crave risk and excitement?
Have an addictive personality?
Rebel against authority?
Think differently?

#### Then you are likely a Wayseer



GARRET JOHN LOPORTO Featured in The New York Times, Money Magazine, The Boston Globe and The London Financial Times. inventor, presenter at MIT, media artist, depth psychologist, and father.

Discover the secret genius that drives risk-takers, rebels, entrepreneurs, artists and innovators to achieve greatness. Learn how to express your fire and harness it productively.

"You've nailed it!" ~ David Van Dyke

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# WHAT READERS ARE SAYING...

"I have never read anything that speaks to me with such inspiring penetration. Thank you so much for imparting this extraordinary analysis that I have been searching for most of my life."

~ Howard, Writer – Perth, Australia

"I cried almost the entire way through reading this book. Your book affirmed what I have always felt. I knew that God made me this way for a reason, to fulfill his greater purpose. Thank You!!"

~ Tiffiany Calhoun, Social & Community Services

"I went down on my knees and thanked GOD for this book. Thank you so much for letting me know the truth. My heart feels freer now... I cried with joy when this book validated the real me in a way no one has done."

~ Yoges – Singapore

"**The method you share is absolutely fantastic.** It really is an eye opener for me. The whole way through reading I was amazed... Thank You for bringing this book to life."

~ Terrick Romer, Performance Coach – South Africa

"Thank you Garret! I now understand and thank you for helping me save myself and my life. I have a lot of work to do and am excited about tomorrow..."

~ Trey Hale, Entrepreneur, Artist, Inventor – Austin, TX

"Garret, I can't thank you enough for writing this book. I just completed the book and though in the beginning I felt like crying because of the truths that were being thrown in my face, I felt totally empowered by the end.

I just can't believe what I now have access to. You have written a manual for how I have grown up and operated all my life ... as if it were written for me personally. I have attended so many personal development seminars over the past 15 years to see if I could find out who I am and also seen physiologists ... and personal coaches and nothing has been able to strike to the core like you have. I feel so alive it's unreal. I am definitely going to join that club you have started up and start my life the way it was supposed to be...

I became a Christian last year and your teachings were refreshing because they were in alignment with my faith as well. It shouldn't be surprising to me how fantastic this book is because Jesus has the power to work his genius through people like you. I will be using [your teachings] to free myself, prayer for my fellowship with Jesus, scripture as the divine law and faith alone, to glorify God.

Again, thank you thank you thank you."

~ Greg M, Electrician – New South Wales

"One word..... Wow!! I'm 17 years old, from the U.K. and I was diagnosed with ADHD a while back. I was kicked out of school three years ago and I've never known what is right for me to do in life! I have been confused about what was going on around me so I bought the book yesterday and finished it yesterday! That's the first time I've took something serious! Because I could relate to it and as I slept last night, a lot did come about what it is I am meant to do! I would like to meet LoPorto and thank him for opening my eyes!! I'm a new person!"

~ Thomas Lee Trinkl, Student – Flint, U.K.

"THANK YOU, THANK YOU! Garret LoPorto, you're a savior – a genius. As I was reading this book my whole past came back to me, how I didn't do well in school, etc. At some points I'd laugh to myself, saying 'damn this is definitely ME.' Amazing, you showed me the BIGGER picture! Now I have to put it to work..."

~ Argyris Mountis, Real Estate investor – Philadelphia, PA

#### "This is the coolest thing that has ever happened to me in my whole life next to birth!

What can I say, my whole life has been condensed into a book; and for the first time as I read the book I felt as if I was finally looking in a mirror that truly captured the essence of me rather than looking in a mirror and seeing a man that was not living because I struggled with the "normal" world.

I am not really sure what is to come next but I am really excited and look forward to becoming me and loving my life rather than loathing my life. Thank you for finding your path and sharing with the rest of us!

I am not sure that I have ever read a book cover to cover in my whole life. I read this book cover to cover in less than a week which is a miracle in and of itself."

~ Jason Smith, Finance Company Owner – Park City, Utah

"**The method you share is absolutely fantastic.** It really is an eye opener for me. The whole way through reading I was amazed... Thank You for bringing this book to life."

~ Terrick Romer, Performance Coach – South Africa

#### "For the first time in years I'm speechless!

#### I can't begin to describe the total release I feel now!

Glory be and thank you God for reminding me who I am and that, more importantly, who I am is more than ok AND that who I am is what God always wanted me to be. I'm so liberated and even looking forward to a little struggle of NOT even being able to turn back!

I came off the addictions knowing the only one worth having was God! what a great blessing to behold what a wonder you are Garret to remind us in a simple way and straight to the heart that we are blooming fantastic! What a great time to be alive and I don't feel guilty anymore that it's too late! More than a tonic, an elixir of life! Look forward to joining the club and making love and genius a habit, no a divine flow!

I'd suspected it for a long time but got depressed, even tried to kill myself a few times and I meant it! Now I know why God kept me alive! 'Twas no coincidence this landed here with me now and I rang my sister who is just about now ready to read it after becoming disabled and re evaluating her life, yes she's a [Wayseer] too and I can't wait for her to rediscover her fire! Job well done! And with a brain like mine, elegance, beauty and passion are back in my heart as I await my next miracle impulse! – I can say I trust myself again and life looks good!!!!!"

#### ~ Lady Bachlee Augustus, Actress & Director, London

"It helped me realize why I always have had this fascination with being a hero... why I struggle at school even though I have all the smarts in the world, why I cannot work like everybody else at work, why I procrastinate or why people see me as lazy. Why I daydream, why my images are so fascinating, this is a great book altogether."

~ John Wayne – Tampa, FL

"I have to admit I was skeptical at first, however it described me to a tee!! I would highly recommend it ... I remember of being told I wore my heart on my sleeve when I was younger maybe too often so developed resilience and struggled to fit in. Well now it has all collapsed and admit I have lost my way. This book has helped give me the kick up the backside so desperately needed to get back on track and find my way again and reminded me how I had forgot that I had forgotten what accessing these moments of genius and spontaneity and fearlessness were like.

After several flashes of inspiration it confirms what I always knew and for examples of synchronicity and coincidence it beats the pants out of the Celestine Prophecy hands down right to the end where it describes useful applications of where the message contained can be used to where I am considering where my future career lies.

Buy it and read it, messages from the universe don't get much deeper than this. Garret LoPorto obviously knew what he was thinking when he wrote this but didn't know exactly the magnitude of this beacon of light that would bring hope to many.

If an Angel or lightworker were to walk into your life then Garret LoPorto is that being."

~ Paul Johnston

"It really put together BIG pieces of the puzzle of my life. 5 STARS for this book. I identify myself with the book 100%. If you are searching for answers for living the life you really want or you feel you could do anything if you only knew what it was, then you GOT to read this book."

~ Eduardo K., Pro Athlete – Long Beach, CA

"This book has done more for me than any other book I have read. I stopped reading the book when it got close to the part of about ... addictions. I didn't want to believe I could be better. I deceived myself into thinking I didn't need to finish the book. I was afraid everything in the book would be true and it was.

I now can trust and believe what the book has said because of the experiences I have had were predicted in vivid detail. When I reached my lowest point I decided to read the book again. My life was completely superficial and I hated it. I realized that I was just a fake. I wanted to kill myself.

Instead of killing myself I decided to finish your book. When I resumed reading I picked a completely random page to start on I immediately broke into tears and couldn't stop crying, realizing that Garret was right. This exact chapter was the exact thing I needed to hear.

I followed my impulse; my miracle impulse and trusted God. I know there was divine intervention in what happened. It was not a mistake I picked that exact page to read. I was so far deceived. All I wanted was true deep connections in my life and I had none. I decided that I HAD to be myself. I thought incredibly deep about my life. I searched to the deepest of the deepest parts of my heart. I realized that I had to serve God. I surrended my life to God and Jesus once again. It was time to be renewed.

I realized the power within me. I realized that people cared about what I had to say. The words that came out of my mouth were incredibly powerful. I had the ability to revive people. I realized that I was inspirational and could change lives. I no longer desired fame, sex, and materialism. I realized that I changed and I couldn't go back. The things I used to desire meant nothing to me anymore. The more I thought about my ego the stronger my conviction and will to serve God was. I am now only just beginning my hero journey. I know what God has given me and I want to share it with the world."

~ Josh Gloe, Musician

"I have read a lot of self-help books, but this is the first that I have responded to. What an amazing book. I can relate to so much in the book. I am 54 years old and have always had a natural bent to do things differently, and I paid the price for it. I have spent a lifetime trying to conform and thus gone through a lot of pain. I have known for a while that I have had ADD and/or dyslexia, but nothing has opened my eyes anywhere near as much as your book.

It's like a whole new universe has been opened up to me. There is so, so much in the book. I will keep returning to it. This book is life changing. I have a lot of undoing to do. Thanks to your amazing book though I have some direction and confidence. It's going to take a lot though to reverse this thinking. I'm ready to start.

By the way, it is so obvious that schools squash [Wayseers]. I have 5 year old twin nephews who look to be budding [Wayseers]. They are on the go much of the time and already don't like preschool. I just hate thinking of their high spiritedness getting squashed when they go to full time school.

Thanks again..."

~ Mark Robertson, Event Operations – Independence, MO

"What a breakthrough for me! I attended the Sunday evening service on the very day that I finished the book. My heart was racing, my mind was full; so many 'Aha's' that I couldn't sort through them. My pastor is teaching a series on the Holy Spirit. Early in the service, I sensed the overlapping with the book. Then, as if God is assuring me that I am finally on the right track, he used the Story of Two Dogs as one of his illustrations! I almost shouted with joy! And all the Aha's settled into a knowing something that I still can't seem to find the words for, but I know that I know. I will refer to this book again and again as I do my Bible study on the Holy Spirit."

~ Teresa Lee, English & French teacher; Entrepreneur – MO

#### A Special Note to Pre-Release Readers

This is a special pre-release edition of our forthcoming book "The Wayseers." Please excuse our appearance while we renovate. We really appreciate your support in making this book better; so we are offering to send you a free copy of our next edition in gratitude for finding errors, asking clarifying questions and/or making revision suggestions, which end up helping us substantially improve this book in our forthcoming revisions.

Please email us at help@wayseers.com or mail to:

Media for Your Mind Suite 2B 199 Sudbury Road Concord, MA 01742

#### Familiar With This Author's Work?

A SPECIAL NOTE TO FAMILIAR READERS: If due to your familiarity with his work, you experience this book's material to be overly repetitive with earlier articles, books and talks by Garret LoPorto we welcome you to email us with the subject line "PAY IT FORWARD" specifying which works you have purchased from Garret, and as a thank you for supporting our work we may invite you to receive a *free* pre-release copy of the author's next forthcoming book (working title "The Miracle Impulse"), for just the cost of shipping and handling, when it is ready.

Email us at help@wayseers.com



### A VITAL BREAKTHROUGH FOR FREE-SPIRITS, VISIONARIES, MISFITS, REBELS AND PIONEERS

# Garret John LoPorto

How your rare irrepressible mind ~ the source of your greatest strengths & weaknesses ~ gives you the miraculous ability to transform the world

# THE ESSENTIAL MANUAL for YOUR UNCONVENTIONAL CONSCIOUSNESS

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"First they ignore you, then they laugh at you, then they fight you, then you win."

~ Mahatma Gandhi

For our children.

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# THE CALL

Once upon a time, an eagle's egg was found by a farmer and mistaken for a chicken egg. The egg was placed with the other eggs in the incubator at the hen house.

Some weeks later that egg hatched. The baby eagle was raised as a chicken with the other chicks. Along with his chicken peers, he was taught to peck and scratch. He was made to scurry along the ground like the other chickens. He was sternly warned against flying, because chickens don't really fly, they flutter and fall.

This eagle made a miserable chicken. He didn't peck well. He hated scurrying because he was always feeling clumsy and falling. He was constantly hungry and irritable, because the chicken feed just couldn't seem to satisfy him. The other chickens found him disruptive and odd.

After years of struggling to be a normal chicken, this poor eagle's self esteem was pretty low. He hated himself. "Why am I so big, awkward and different?" he often wondered, "Why can't I be happy like all the other chickens here?"

"Is this all there is to life?" he agonized, "Where's the thrill? Where's the flow?"

He began to do more and more disruptive things just to get a little hit of excitement. He was starved for action and adventure – he desperately craved in his heart that feeling of soaring – only he didn't even know what that was – so he tried to compensate by making his own thrills around the chicken coop, causing drama and disturbances. Other chickens called him selfish, disordered and a

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troublemaker. The poor eagle took it all to heart, believed them and became depressed.

One day, high overhead the young eagle saw another eagle soaring in the sky. It took his breath away. For a moment he felt a surge of recognition. He felt something inside him stir. He felt more alive than he had ever felt before.

In his excitement he told his family of chickens what he saw and how he wanted to fly like that too. They scoffed at him. "Are you nuts?!" "You're dreaming." "Get real. Chickens don't fly." "You are being totally impractical." "You can't even cluck and scratch - and now you think you can fly someday!?" the chickens chided. "When will you grow up and join the pecking order of this chicken coop. Why can't you be more like your peers? What's wrong with you?!"

The young eagle was shamed and disheartened. He felt hopeless and alone as he fell to sleep at night.

Days later, to his delight, he spotted the soaring bird and this time it let out the cry of an eagle. The moment the young eagle raised by chickens heard this cry something unexpected happened. His body lurched uncontrollably – his entire being responded automatically to that eagle's majestic cry with a powerful eagle cry of his own. He was astonished. "What just happened?!... Did that glorious sound come from me? Chickens don't make that sound! Only eagles do... Wait... Only eagles do!"

The young eagle, finally aware of what he truly was, for the first time stretched out his wings and flew. Before he knew it he was soaring. He was no longer imprisoned by the chicken coop, because he was no longer imprisoned by the idea that he had to be a chicken. Nothing could contain him anymore.

A chicken coop can only coop up chickens; it cannot stop an eagle from soaring – especially once they hear their call.

Have you heard your call?

Maybe this is it...

THE CALL 3

# WHAT IS A WAYSEER?

Wayseers are the change-agents of society. Wayseers are the world's greatest leaders, artists, entrepreneurs, inventors, rebels, rock stars, revolutionaries and pioneers. Wayseers are the ones who know first, who sense earliest the disturbances in the fabric of human affairs – the trends, the patterns, the fashions, the revolutions that are afoot, the coming groundswells of popular demand, the powerful ephemeral ebbs and flows of the Way.

Wayseers are light bearers and leaders. They are the proverbial canaries in the mineshaft. Wayseers are the ones most sensitive to the Way, the most creative, and potentially the most destructive.

Wayseers usually share a common gene – a genetic polymorphism called the DRD4 exon III 7-repeat allele (DRD4 7R for short). This Wayseer gene causes the brain's reward pathways to override the prefrontal cortex brain's neurologically repression mechanism, which typically censors unconscious thoughts and impulses. This difference encourages risk-taking, novelty seeking, increased alpha/theta brainwave patterns, susceptibility to addictive behavior, ADD/ADHD and bipolar, propensity for genius level problem solving and creativity, and gives one access to that miraculous quality that makes great heroes, charismatic political leaders, rock stars, entrepreneurs, movie-moguls, rebel billionaires, inspired artists, mystics and pioneers.

Wayseers however are not limited only to those who have this DRD4 7R gene; because other gene combinations, decades of fervent

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prayer or meditation, psychotropic drugs or even medications like Ldopa (used to treat Parkinson's disease) can cause one's brain to reconstitute into a form that allows for Wayseer consciousness.

The important quality that makes you a Wayseer is having very little neurological repression. Where the vast majority of the population are quite neurologically repressed and content with that, the 10% of the population who are Wayseers have far less neurological repression than others.

Since lack of neurological repression is often perceived to be socially unacceptable, Wayseers tend to develop the maladaptive approach of holding everything back until there is a crisis – a socially acceptable excuse to throw 100% of themselves into that situation. As a result, Wayseers often find or generate crisis after crisis in order to feel fully engaged, happy and alive.

Another maladaptive response to the social norms of repression is to "shut down". Many Wayseers preempt negative feedback from their community (for being too spontaneous, impulsive, unexpected, uncontrolled and "different") by preemptively subjugating their own irrepressible nature with a veneer of inauthentic conscious repression.

The difference between the neurological repression experienced by the other 90% of the population and the conscious repression experienced by frustrated Wayseers, is that the normal brain's neurological repression stops unconscious thoughts, impulses and desires from reaching consciousness. While on the other hand Wayseers use conscious repression, which happens in the mind, the consciousness – not at the biological level of the brain like "normal" people have. This leaves a Wayseer fully exposed consciously or semi-consciously to a storm of unconscious thoughts, impulses and desires. Since Wayseer brains do not filter unconscious material, the only thing left but to stop the wild natural thoughts and impulses from the unconscious from being expressed is a Wayseer's conscious effort and will.

A Wayseer who is consciously repressing their true self often appears stiff, unnatural, socially awkward, emotionally dishonest, stunted, all-bottled-up, frustrated, anal retentive and even constipated. That is because they are straining to hold back the rush of unconscious thoughts and impulses that fill their consciousness in order to avoid expressing something that might be deemed "inappropriate" by their community.

The other 90% of the population called the Normal types, seem to have it easy, because they are generally unaware of all the unconscious material that their brains automatically repress without any conscious effort. So in effect, they have relatively little conflict between what they experience consciously and what they can act out behaviorally. Because Normal types rarely ever experience their unconscious thoughts, impulses and desires consciously, they don't have to actively block anything, so they appear normal and at ease with social norms – albeit sacrificing the traits of independence, creativity and "fire".

The consciously repressed Wayseer may suffer from anxiety, procrastination, depression, hypomania, ADD, ADHD, bipolar disorder, addiction, compulsiveness, delusion and lack of true success.

Sigmund Freud's most creative protégé, Otto Rank, spent his career studying the special case of Wayseer psychology – what he called the psychology of the creative type or "the Artist." Rank's waiting room was filled with Wayseers stuck in vicious cycles of conscious repression, unable to fully suppress their irrepressible minds enough to fit in and unable to allow themselves to freely express themselves enough to find happiness and peace. These Wayseers were at war within themselves and Rank called them "the neurotic".

Rank later went on to develop a therapy for the neurotic Wayseer, which helps one shed their habits of conscious repression to become a heroic, creative, expressive Wayseer or "the Artist". His work was brilliant and effective, but alas, it has been largely forgotten by history because his therapy only was applicable to about 10% of the general population – those whom are Wayseers.

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Almost 100 years later we live in a culture rich in medical diagnosis and we have labeled many Wayseers with some form of disorder– usually ADD, ADHD or bipolar disorder. Even many non-diagnosed Wayseers often jokingly describe themselves as having ADD or addictive personalities.

If you see a bit of the neurotic Wayseer in yourself, take heart. This book will outline how you can transform yourself from a neurotic Wayseer into the great heroic, creatively expressive Wayseer that you were born to be.

## Are You a Wayseer?

"Thousands of geniuses live and die undiscovered – either by themselves or by others."

#### ~ Mark Twain

#### Take the Wayseer Test

- Do you often try new things just for fun or thrills?
- Do you often do things based on how you feel in the moment without worrying about how it was done in the past?
- Are you a jack of all trades? Do you feel more capable than most in adapting yourself to new situations, solving unexpected problems, and learning new tasks?
- Do you have trouble wrapping up the final details of a project, once the interesting & challenging problems have been solved?
- When you have a task that requires a lot of thought, do you avoid or delay getting started?
- Do you feel compelled to overdo things just to feel more awake or alive or safe?

- ► Do you have difficulty staying organized?
- Do you often feel half-asleep while going about your routine tasks?
- ▶ Do you crave adventure, new experiences and/or new ideas?
- Do you have a short attention span that is, unless a particular subject has captured your imagination?
- Do you act impulsively or dangerously more often than the average citizen?
- Do you have a tendency to allow your mind to drift away from boring conversation?
- ▶ Do you have a tendency toward compulsive behavior?
- Do you have difficulty feeling fully awake?
- ► Do you have broad mood swings from very high to very low?
- Do you frequently daydream or "space out" when you are not at the center of the action?

If you answered "yes" to 10 or more of these questions, congratulations! You are most likely a Wayseer and a member of a rare and powerful group (that encompasses less than 10% of the global population).

# The Qualities of a Wayseer

The following qualities seem to fit the temperament of most Wayseers. See if you recognize them:

- ✓ Impulsive
- ✓ Irrepressible (or not having much repression.)
- ✓ Energetic
- ✓ Non-conformist
- ✓ Intuitive

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- ✓ Distractible
- ✓ Insightful
- ✓ Sensation-seeking
- ✓ Rebellious
- ✓ Short attention span
- ✓ Charismatic
- ✓ Thrill-seeking
- ✓ Addictive personality
- ✓ Moody
- ✓ Ambitious
- ✓ Inquisitive
- ✓ Fearless
- ✓ Lateral-thinker
- ✓ Metaphorical thinker
- ✓ Creative
- ✓ "Big Picture" oriented
- ✓ hyperfocused and hypomanic at times
- ✓ "Lazy" at other times
- ✓ Runs hot and cold
- ✓ High sex drive
- ✓ Hot tempered
- ✓ Restless
- ✓ Impetuous

# **Famous Wayseers**

The following is a short list of the names of well known people who have many, (if not all), of the above "Qualities of a Wayseer". It is also likely that they too have the active Wayseer gene (the DRD4 polymorphism).

This list could be much more extensive. However the list is merely intended to show how the traits of the DRD4 polymorphism have a high correlation with one's ability to attain incredible success and genius. These people are rebels, risk-takers, out-of-the-box thinkers, and are charismatic, impulsive and often sexually promiscuous – all traits of Wayseers.

- Martin Luther King, Jr.
- Thomas Jefferson
- Abraham Lincoln
- Louisa May Alcott
- Napoleon
- Joan of Arc
- Benjamin Franklin
- Thomas Edison
- Amelia Earhart
- Winston Churchill
- John F. Kennedy (In fact most of the Kennedys are, since the Wayseer trait is often genetic.)
- Mother Teresa
- Bono
- Tina Turner
- Bill Clinton
- Oprah Winfrey

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- Angelina Jolie
- Richard Branson (founder of Virgin)
- Steve Jobs (founder of Apple & Pixar)
- Conan O'Brien
- Joe DiMaggio
- Vincent van Gogh
- Sylvester Stallone
- Michael Jordan
- Bode Miller (World Champion Skier)
- Timothy Leary
- Elvis Presley
- Steven Spielberg
- Donald Trump
- George Lucas
- Salvador Dali
- Marianne Williamson (best-selling author)
- Otto Rank (brilliant psychologist)
- Carl Jung
- Robin Williams

Add to this list of Wayseers most great athletes, police officers, firemen, EMTs, paramedics, emergency room nurses, jet pilots (especially fighter pilots), warriors, generals, inventors, salespeople, crisis management consultants, stock traders, artists, rock stars, mystics, pioneers, explorers, entrepreneurs, mavericks and revolutionaries; then you'll get a pretty good idea about the group we're talking about here.

#### Want to see a huge list of famous Wayseers?

Go to: www.Wayseers.com/book/famous

# The Wayseer Temperament

Wayseers possess a supernormal aptitude for breakthrough innovation and heroism that comes with their Wayseer temperament. People who are genetically predisposed to free thinking are going to be more innovative and people who are genetically predisposed to greater risk tolerance are more likely to act heroically. Wayseers are both.

Wayseers are also naturally more willful, sensation-seeking, divergent thinking, distractible, hypomanic and prone to compulsions and habitual behavior.

What Wayseers lack in the traits of stability, moderation and attention-span, the Wayseers more than make up for with a supernormal capacity for fearless risk-taking, abundant free thinking, ruthless honesty, transcendent vision, and something we'll cover later called the Miracle Impulse.

The Miracle Impulse is essentially the spontaneous impulse to do just the right thing at just the right time – in harmony with the Way – to encourage more equality, love, openness, trust and happiness in the world.

# A Word on "Indigo Children"

If you're reading this book looking for helpful information about Indigo children, please note that we'll be referring to them as Wayseers – and then later in the book identifying them as a particular kind of Wayseer called Theta Wayseers.

# **The Addictive Personality**

Virtually all Wayseers could be said to have "addictive personalities". In fact, when someone refers to an addictive personality, they are usually referring to a Wayseer.

Wayseers crave that ecstatic high – that larger than life experience – that rush that comes from breaking through, challenging the status quo and doing something new.

When Wayseers don't reach that ecstatic experience in their dayto-day lives they soon find surrogates to artificially create that experience, or find self-destructive ways to suppress their desire for it. Later in this book, we'll show you a revolutionary approach to dealing with the common Wayseer problems of addiction and compulsion in a way that transforms these addictive compulsions back into the miraculous creative impulses they originate as.

Before delving into this subject it is often most helpful to first understand the Wayseer personality more thoroughly. Though, you *can* skip ahead to the section "Transcending Addiction" if you must.

## The Wayseer Trait

#### Your Wayseer Gene

#### Your Secret DRD4 7R Difference

"We all have the 'slightly crazy' gene that is continually going to pop up throughout our lives, no matter how under control we think we are."

#### ~ Sylvester Stallone

Ten percent of the world population has a mysterious genetic polymorphism that originated thousands of years ago – this

polymorphism appears to be the key to being a Wayseer. The polymorphism is actually an elongation of the DRD4-exon III gene to 7 repeats. People who carry this DRD4 7R gene and whose environments have activated it display a novelty seeking, thrillseeking, more impulsive temperament that is radically less inhibited and much more powerfully connected to deep spontaneous intuition.

> "The long repeats of the DRD4-exon III polymorphism are related to Novelty Seeking personality trait."

### ~ American Journal of Medical Genetics<sup>1</sup>

This gene has been positively selected over the millennia since this variation first appeared. Experts have speculated that it is because the traits this gene engenders serves one well in the heat of battle, in hunting, in innovation and exploration.

The people who carry the elongated repeats of DRD4-exon III polymorphism can truthfully be called carriers of the latest genetic evolution impacting human consciousness. They are the new warriors, discoverers, conquerors, artists and mystics.

Your DRD4 7R gene is a key player in the way your brain regulates dopamine, which is the neurotransmitter responsible for your sensitivity to sensory stimulation. If your brain has more dopamine receptors (or less dopamine) than someone else's brain you will tend to seek out more sensory stimulation than them.

Richard P. Ebstein published in the journal *Nature Genetics* that he and his colleagues at Herzog Memorial Hospital and Ben-Gurion University in Israel found that "people tend to be extroverted, impulsive, extravagant, quick-tempered, excitable and exploratory" who have the DRD4 7R variation.

In the United States at the National Institutes of Health, Dean Hamer and Jonathan Benjamin published in the journal *Nature Genetics* their finding that "Those who scored highest in noveltyseeking, impulsive, quick-tempered, and fickle were most likely to have long repeats of DNA subunits in their D4 dopamine receptor gene."

DRD4 7R may not be the only genetic source of these qualities, it may be part of a group of genes working together and DRD4 7R may be just the first to be well charted. Other genes influencing the expression of the DRD4 polymorphisms could result in the variations of the Wayseer trait we observe.

The bottom line is that this genetic difference that makes up the Wayseer trait has a significant impact on your brain's relationship with dopamine. This new relationship makes you particularly well adapted to rapidly changing, intense situations. It makes your brain crave more stimulation and that thrilling sensation of risk than the average person.

Wayseers are inherently mavericks, rebels and loose cannons. They don't follow rules well and they are often disruptive to large hierarchical human structures. Over the course of history many powerful civilizations have been built by instituting laws and structures that appeal to the Normal types. Being part of a vast hierarchal worker class is actually quite satisfying to the temperament of the Normal type. However, trying to organize Wayseers this way is like herding cats. Wayseers hate being told what to do by outer authorities; Normal types love it.

Wayseers' brains operate from a different center than that of Normal types. Normal type brains are well wired to operate from the more task-oriented and superficial levels of consciousness where conditioning, rules, objectives, social norms, laws and conformity register most prominently in awareness. This is the level of consciousness where childhood conditioning is most powerful and tends to be a dominant thought and behavior.

Wayseers tend to operate from a level of consciousness that is more fluid, less regimented and less easily influenced by parental, cultural and social programming. This level of consciousness does not hold onto outer directives as forcefully, and thus leaves plenty of room for improvisation. The benefit of Normal types to large conquering empires is that a Normal type child can be easily programmed from a young age with rules of conduct that they will tend to follow unquestioningly for the rest of their lives. This propensity makes building vast civilizations, using Normal types as predictable building blocks, much easier than endlessly trying to convince every maverick Wayseer to go along with a master plan.

The rarer Wayseers are in a given population, the easier that population is to rule. When human civilizations have needed large populations of easily programmed and compliant worker classes, then the Normal type was naturally selected – probably in large part because Wayseer non-conformists would have been ostracized or killed by the ruling class before they could pass on any more of their non-conformist Wayseer genes.

### The Irrepressible Wayseer

Wayseers have far less natural repression than Normal types. Repression appears to be engendered by the fear of reality. Wayseers, being thrill seekers, enjoy the rush of facing the uncontrollable nature of reality and riding it like a wave. They do not fear the unknown as much as they welcome it.

The great artists, inventors, entrepreneurs and leaders of our day are in tune with their unconscious minds. They may not describe it that way, but that's precisely what they are doing when they are making their most powerful choices.

> "True genius resides in the capacity for evaluation of uncertain, hazardous, and conflicting information."

> > ~ Winston Churchill

### Are You Still a Wayseer?

"I don't want to be a genius - I have enough problems just trying to be a man"

### ~ Albert Camus

If you're still reading this, chances are something has piqued your interest and you resonate with the idea of the Wayseer trait, with the Wayseer mindset and you probably are a Wayseer yourself.

Now that does not mean that you're a great inventor or entrepreneur or artist or leader... yet.

But you can be.

You know it's rare that one is able to cultivate their Wayseer trait well enough to experience the benefits of it but this book is designed to help you get there, to help you become a great creator, one who is both successful and rewarded for your creations and also greatly helpful to the world around you, one who is going to usher in the new age of innovation, and a greater time of peace and harmony in our world.

What the world needs now is genuine benevolent leadership. You as a Wayseer have a great potential to lead. The time to begin your leadership is now.

So let's get started ...

# THE GIFT OF THE VISIONARY

Wayseers are visionaries because they have a highly developed "mind's eye" due to their lack of neurological repression. This "mind's eye" is what makes free-thinkers free, because the mental pictures, "worth a thousand words," overwhelm and unseat the language-based programming code (communicated in words) used by societies to control the short-term memory of most people's minds.

### An Image is Worth a Thousand Words

Due to the low repression levels of those with the Wayseer temperament, the unconscious mind is free to fill the conscious mind with imagery. Like the imagery that fills your conscious mind when you dream, these "day dream" images are free to flash into your consciousness at virtually any moment.

It's important to note that your conscious mind is a very limited region of your mind. Beginning with Freud, many psychologists have said that if you think of your entire mind as an iceberg, your conscious mind (and your short-term memory) is just the tiny tip of that iceberg. Your conscious mind can only hold a very limited amount of data – that is why phone numbers were set at seven digits, because short-term memory tends to only be able to recall about 7 (plus or minus 2) randomly presented digits while also running all of the other processes required for consciousness.

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While most people who do *not* have the Wayseer temperament think in language and words by the time they are adults – most people with the Wayseer temperament – despite indoctrination into language – remain eidetic visual thinkers. That is, they think in pictures instead of words. This simple difference carries dramatic consequences.

While your short-term memory can hold a long series of words, it usually can only hold one vision at a time, because a picture is worth a thousand words. This saying is as true in terms of actual data management as it is as an allegory. (A "word" in computer science is 4 bytes, while most digital pictures would be at least 4 kilobytes (4,000 bytes) or a thousand "words".)

Because a picture is literally worth a thousand words, a visual thinker's flashes of mental imagery tend to wipe out and overwrite their limited short-term memory banks to make room for each new "picture". This causes three dramatic differences between language (word) thinkers and eidetic (picture) thinkers.

Firstly, language thinkers can rely on the persistence of the data in their short-term memory banks, so they can reliably keep long stable threads of information in their short-term memory – such as a set of rules or instructions, a shopping list, a task list, a packing list, a meeting agenda, appointment times, new acquaintances names, or the day's to-do list. Even if new information comes up that needs to be placed in their short-term memory, it comes up in the form of strings of words for which there is usually plenty of short-term memory space.

Eidetic (or visual) thinkers can't count on any data staying in their short-term memory banks, because at any moment it all could be overwritten with a flash of imagery that requires a thousand words worth of short-term memory space in their consciousness. What eidetic visual thinkers tend to do to compensate for this lack of persistent short-term memory data is commit everything to longterm memory and get really good at retrieving that data. That's why eidetic thinkers are often said to have "photographic memories". Eidetic thinkers are literally snapping a picture of whatever they're going to need to remember like you would with your cell phone; and tossing the image into their long-term memory to be retrieved later. The trouble is we often just can't seem to remember what it is we're forgetting.

The second dramatic difference is thought speed. While language thinkers can process and compute data at normal speeds by computing threads of words-per-second or even sentences-persecond for particularly sharp verbal thinkers, eidetic thinkers can rapidly think at upwards of many images per second – each worth a thousand words. That's a thousand times faster. This makes eidetic thinkers remarkable problem solvers. Some examples of eidetic thinkers are Einstein, Edison, Tesla and da Vinci. It would require a language thinker to have great mental patience and stamina to arrive at the same conclusions as a visual thinker because it would take them a thousand times longer to get there.

The downside of this tremendously powerful mode of thought is that language communication becomes difficult and cumbersome, because it is difficult to slow down an eidetic thinkers' thought process enough to translate even the very surface of it into words. That is why many eidetic thinkers find language so frustrating and resort to supra-language forms of expression like painting, film, music, dance, poetry and body language.

The third dramatic difference is that the "programming language" of culture doesn't stick easily in the minds of eidetic thinkers. When a set of rules can be overwritten at any moment by a flash of inspired imagery – it's hard to follow those rules. Not only that, but because those rules fail to remain persistent in the consciousness of the eidetic thinker, it's hard to take those rules seriously and believe in them as an essential part of their being.

## Seeing in a Blind World

Imagine a world where just about everyone is born blind and you are one of the only ones who can see. Because blindness is pervasive, human culture in this imaginary world has developed a blindness for blindness. People would not even realize they were missing a key sense.

As a child growing up with working vision in this world you would have some peculiar experiences. When you opened your eyes, you would notice everyone else's were closed. When you described your ability to "see" you would be placated, ignored and told you had an overactive imagination. Eventually, at quite a young age, you would probably become uncomfortable with keeping your eyes open – because your vision would prompt you to say and do things that disturbed and upset your parents and teachers and peers – so you would learn to close your eyes like everyone else just to feel more in harmony with your community.

Your well-meaning, but blind parents and teachers, would insist on teaching you critical life skills for the blind. The academic disciplines of groping, stick tapping and pace counting would be beaten into you "for your own good". You would try to do things like open your eyes and walk to where you wanted to go, and at first a parent or teacher might have thought you were a very advanced pace counter; but when they discovered that you didn't know how many paces you'd traveled, you would be reprimanded for being careless, impulsive and foolish. "Just walking freely" without the use of proper blind navigation strategies such as stick tapping or pace counting would be seen as reckless, irresponsible and dangerous to yourself and others.

You found all of these blind navigation strategies very hard to focus on with your eyes open, because they were so unnecessary with working vision. Your teachers may have complained to your parents that there was something very wrong with you; because you were such a sloppy stick tapper and a forgetful, inattentive counter. You simply wouldn't focus on your blind navigation studies. Maybe they thought you had ADHD or BNDD (Blind Navigation Deficit Disorder).

At this point your approach to living as a seer in a blind world may have taken one of a couple different directions. The first would have been to acquiesce and become sympathetically blind in some way. You would find that you could tolerate and focus on your blind navigation studies much better with your eyes closed. Plus, you would fit in better and wouldn't seem so strange to others. There would be no glorious vision to distract you from the pace counting and the stick tapping, which seemed so silly and useless before. Now, it becomes surprisingly essential with your eyes closed. If you had trouble keeping your eyes closed, a family doctor might prescribe you a Blind Navigation Deficit Disorder medication that would chemically blind you for hours at a time, making the discipline to keep your eyes closed and stay focused much easier.

The second course your life could take would be that of a misfit and a rebel. You would say "to hell" with this blind navigation B.S. – you could get where you wanted to go without learning all these "stupid" academics. Maybe instead of dropping out, you still went to class, but you would coast. You would pretend to do the blind navigation, but whenever you got lost you would just open your eyes. You'd lose points for not doing your homework and not "showing your work," but you could do surprisingly well on tests when you weren't accused of cheating.

Then as you came of age you might begin to overcome your shame of seeing. You might start to embrace it instead of hiding it. You might muster the inner liberty to throw down your tapping stick and do horrifyingly risky things like running through a forest. You might use your vision to make "impossible" discoveries as far as blind people are concerned. You might solve cases in unexpected ways because you can see things others can't. You might invent things, change ways of doing things, lead.

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You would be heralded as a modern day miracle worker, for doing what came naturally to you, just because you could see.

> "The superior man is the providence of the inferior. He is eyes for the blind, strength for the weak, and a shield for the defenseless. He stands erect by bending above the fallen. He rises by lifting others."

### ~ Robert Green Ingersoll

Your highly developed mind's eye affords you the potential ability to develop "transcendent vision" – the ability to perceive the Way. Having transcendent vision in a world blind to the Way is as powerful and different as having vision in the story above.

When you see through transcendent vision you are looking from the universal perspective. This perspective does not shift so much from one person to the next because it is essentially the same vantage point – that of the Divine.

When two or more people come together perceiving through transcendent vision they will be able to much more rapidly come to agreement with one another over even the most controversial topics because – even though they each have their own unique and often conflicting personal interests – the transcendent vision makes them acutely aware of the true dynamics of their interconnectedness and allows them to quickly perceive their shared interests.

You may have heard the metaphor of a few people in the dark encountering an elephant for the first time, and trying to come to an agreement on what this elephant was, because none had seen one before. Each person encountered the elephant from a different side – one person found the trunk, another the tail, maybe another found an ear. Each aspect of the elephant gave a substantially different experience of what that creature was like. Trying to come to an agreement with each other over what they were feeling in front of them, fumbling in the dark, became incredibly difficult because they were each perceiving such vastly different things. Now think of transcendent vision in this metaphor as like a pair of night vision goggles. When one looks through the transcendent vision it instantly becomes clear what is really going on. When many of the participants in the agreement perceive through transcendent vision, negotiation becomes clear and simple.

# KEEP Reading...

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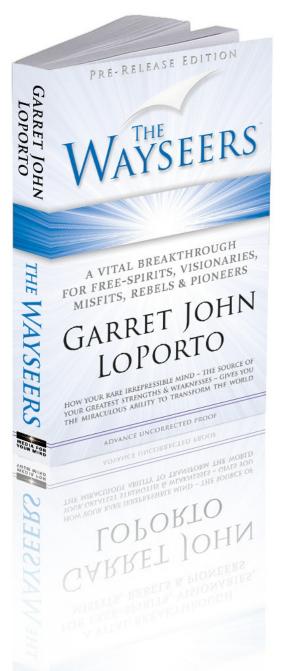
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<sup>1</sup> AMERICAN JOURNAL OF MEDICAL GENETICS (2003-08-15)